



Coffee Break

Brewing up the latest news to you

by Rosie Unger

November, 2009

Coffee Corner

We appreciate your business!!!!

Some of you may have noticed that I have stopped to visit you in the last couple of weeks. If you haven't had a visit you will, I hope to get to see all of our loyal customers in the months to come. We do appreciate your business and we want to hear from you. Are we doing a good job, is there anything we can do to improve our service? Please feel free to call me, email or even snail mail, I promise to address any issues, or concerns you may have. I look forward to hearing from you.

Rosie
484-325-0675
runger@goodmanvending.com

Answers to a few common questions!

Q: Is coffee bad for your health?

A: No. Coffee can be part of a healthy balanced diet. There is no conclusive evidence to suggest that a moderate amount of coffee is bad for you.

Q: How do we know that coffee is 'safe'?

A: Coffee is one of the most heavily researched commodities in the world today with literally thousands of published studies covering a wide range of topics. The overall conclusion is that coffee drinking is perfectly safe.

Q: I have read that some scientific papers suggest that coffee increases the risk for some diseases. Does this mean that coffee is a health risk?

A: No, research shows that coffee drinking is perfectly safe. It is inevitable, given the number of studies conducted on coffee and health, that from time to time they may suggest a link between coffee and certain conditions, however, it is important to look at the overall picture which supports that coffee drinking is no risk to the consumer. One study in isolation cannot provide this.

November						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Coffee Humor

Breakfast Order

He says: "I want three flat tires, a pair of headlights, and a pair of running boards."

The waitress, not wanting to appear stupid, goes to the kitchen and says to the cook. "This guy out there just ordered three flat tires, a pair of headlights and a pair of running boards. What does he think this is, an auto parts store?"

"No" the cook says. "Three flat tires means three pancakes, a pair of headlights is two eggs sunny side up, and running boards is 2 slices crisp bacon."

"Oh," says the waitress.

The waitress thinks about this and then she spoons up a bowl of beans and gives it to the customer.

The guy says, "What are the beans for?"

The waitress replies, "I thought while you were waiting for the flat tires, headlights and running boards, you might want to gas up."

What's New!

Café to You and  think fresh!

We are now a TEAM!

Single Serve Coffee System

Fresh Brewed Cappuccino, Lattes & Dove Hot Chocolate

Keep your office in tune, with the finest selection of gourmet coffees, teas and healthy single-serving drinks anywhere. From the company who invented it—FLAVIA®. From indulgent, rich cappuccinos and delicious Milky Way® Lattes, to perk-you-up teas and drinks, FLAVIA® Drinks Stations make them all. Right in your office.

With its stunning looks & compact design the FLAVIA® Creation 400 brewer can take pride of place in any office with over 30 people and our Creation 200 for under 30 employees. Our unique system brews direct and pure from pack to cup. No need for cleaning between drinks, fresh and fun, and none of the hassle.

Call today for more information!

1-800-328-3631

 Delivery Schedule